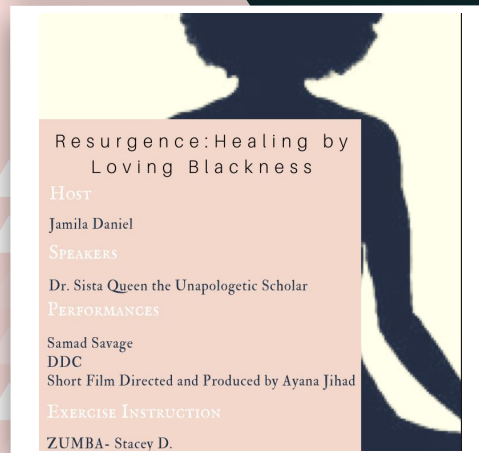


Resurgence: Healing by Loving Blackness

BY JAMILA DANIEL
NOVEMBER 30, 2017

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Mission Statement

Resurgence: Healing by Loving Blackness was a four hour wellness retreat event with goals of providing black students on campus with a space to explore different forms of healing. These healing forms all have their own purpose whether to act as a creative outlet, a source of knowledge, a source of community building, expression, or reflection. It is a place designed out of need and it intends to be a radically transformative space that resists external societal expectations of normality.

What to Expect from your Day of Wellness



Itinerary

WHAT TO EXPECT FROM YOUR DAY OF WELLNESS

Talk by Dr. Tenisha Howard / 11:25 - 11:45

Dr. Howard is a proud Newark native and alumni of Rutgers, New Brunswick. She received her masters in Africana studies from Cornell University and her PhD from Michigan State University's Department of African American and African Studies. She will share her knowledge and inspiration.

Yoga and Meditation / 11:45 - 12:30

Facilitated by your host Jamila Daniel

Film by Ayana Jihad / 12:30 - 12:45

Ayana Jihad is a Rutgers Undergraduate student. As an IWL Scholar, Ayana created this film as a part of her Social Action Project.

Lunch/ Free Time/ DDC / 12:45 - 1:15

Catering provided De Island Breeze. Free time stations will be open. Creative instrumental art by DDC.

Performance by Samad Savage / 1:15pm - 1:45

Rap Artist

ZUMBA / 1:45 - 2:15

Facilitated by Stacey D.

Closing Meditation and Debrief until 3pm





“The task of making homeplace was not simply a matter of black women providing service; it was about the construction of a safe place where many black people could affirm one another and by doing so heal many of the wounds inflicted by racist domination. We could not learn outside; it was there on the inside, that “homeplace,” most often created and kept by black women, that we had the opportunity to grow and develop, to nurture our spirits.” - bell hooks

hooks, bell.”Homeplace: A site of Resistance.” *Yearning: Race, Gender, and Cultural Politics*, 41-49. New York: Routledge 2015

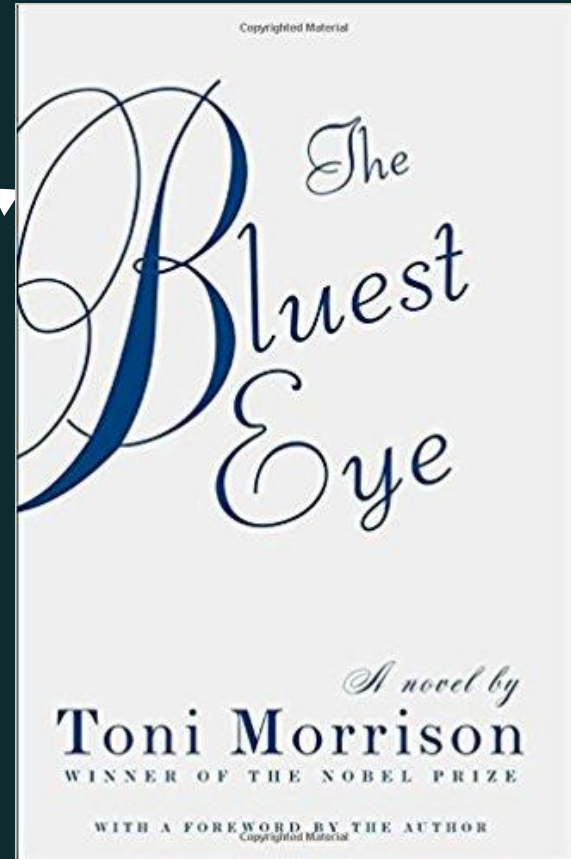
yearning
race, gender, and cultural politics

bell hooks



- Cormier-hamilton uses *The Bluest Eye* to contribute to this conversation and after analyzing two characters, she comes to the conclusion that self love was the difference between two characters
- Just as hooks describes self love as a foundation from which one can navigate the world, Hamilton argues that a lack of self love and a lack of love from her mother is what brought Pecola to insanity.

Cormier-Hamilton, Patrice. “Black Naturalism and Toni Morrison: The Journey away from Self-Love in *The Bluest Eye*.” *Oxford University Press* 19, no. 4 (1994): 109-127



Advertisement

- Speaking to more existing organizations
- Going into classes

Flexibility

- Lateness
- Low Turnout

Support

- Family
- Friends
- Showing love and kindness to people throughout life

Faith, Trust, Pixie Dust

- Makes you fly



Resurgence: An Annual Event?

- Connected with NAACP
- Featured on @Rutgersblkalum
- Not Just Yoga is facilitating yoga instruction around campus
- If future Leadership Scholars want to build off of this event, please contact me!

<https://www.instagram.com/p/BbporiMA2gG/?hl=en&taken-by=rutgersblkalum>





THANK YOU



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