## ART FROM WITHIN: WORKING WITH YOUNG CHILDREN IN ART PROGRAMS

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The Leadership Scholars Certificate Program is a two-year selective, interdisciplinary certificate program that prepares Rutgers undergraduate women to be informed, innovative, and socially responsible leaders.

Leadership Scholars design and implement social action projects to expand their understanding of issues and problems and to develop leadership skills.

This project gives Scholars the opportunity to apply the theoretical knowledge they have gained about leadership, advocacy, and social change with the practical and experiential knowledge they have developed about a particular policy issue or problem through the field site placement. It also further develops leadership skills by giving undergraduates the opportunity to practice leadership through action.

To find out more please visit the Institute for Women's Leadership's website at <u>http://iwl.rutgers.edu</u>.

A CONTRACTOR OF THE OWNER

## My project

Introduce kids ages 8-12 years old in New Brunswick to different forms of art so they can express themselves. Art forms would include comic book sketching, painting, poetry and dancing. These art forms would allow for kids to express their interest in different arts and serve as a way of healing.



## Partners

#### RUTGERS

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## Accomplishments

- As of December 2018, I have held two art workshops at Lazos America Unida
  - Comic books sketching
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  - Paint on canvas: what does self-love mean to them?
- Interacted with community members by attending events such as Day of the Dead at New Brunswick Public Library



#### LAZO'S AMERICA UNIDA EN COLABORACIÓN CON GEIDY MENDEZ PRESENTA

## PROGRAMA DE ARTE

SABADO, DICIEMBRE 1, 2018 12PM-2PM 57 LIVINGSTON AVE NEW BRUNSWICK, NJ PARA MAS INFORMACCION CONTACTAR GEIDY MENDEZ 973-592-6260

LAZO'S AMERICA UNIDA EN COLLABORACION CON GEIDY MENDEZ PROGRAMA **DE ARTE PARA NINOS 8-12** ANOS **GRATIS!! NOVIEMBRE 17.** 2018 12PM-2PM LAZOS AMERICA UNIDA **57 LIVINGSTON AVE** NEW BRUNSWICK, NJ GEIDY MENDEZ- (973)592-6260

# Foundations of my Project

• Using art as a healing process for kids of immigrant backgrounds

• Exposing different art mediums to children at younger ages

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- Working with community members
  - These workshops will expose parents and other family members to the art their children can do
- Creating an open space for children and myself

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# Feminist Leadership

- Women are the focal centers for community engagement

   Teresa Viviar
- The inclusion of male children in the project is a response to the accountability of feminist pedagogy addressing toxic masculinity in young boys

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- Working with fellow women

   This included mothers, girls, community organizers
- Communication skills
  - Working with community leaders
  - Open dialogue between children and myself
    - What do they need from me?
    - What kind of projects do they want to do?

# Lessons Learned/ Insights

- Always be open for guidance
- Do not have expectations
  - It is better to go along with the project then trying to reach standards you have set for yourselves
- $\circ~$  Its okay to not have high turn out
- Be patient with the slow pace of the project

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### Impact of Project

- Setting up the importance of art as a way of expression for the local kids of New Brunswick
- Put art on the forefront of possible career choices for kids at younger ages
- Cultivated a sense of community between kids and parents who were exposed to their children's potential

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### Future Expansion of the Project

- This project could be expanded to different community centers throughout the state of New Jersey
  - This can also include local libraries
- Focus on older demographics
  - For example: create a program for parents to explore art forms; serve as down-time for them

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# Thanks!

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