

Global Girls: A Girls' Empowerment Program

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The Leadership Scholars Certificate Program is a two-year selective, interdisciplinary certificate program that prepares Rutgers undergraduate women to be informed, innovative, and socially responsible leaders. Leadership Scholars design and implement social action projects to expand their understanding of issues and problems and to develop leadership skills.

This project gives Scholars the opportunity to apply the theoretical knowledge they have gained about leadership, advocacy, and social change with the practical and experiential knowledge they have developed about a particular policy issue or problem through the field site placement. It also further develops leadership skills by giving undergraduates the opportunity to *practice* leadership *through* action.

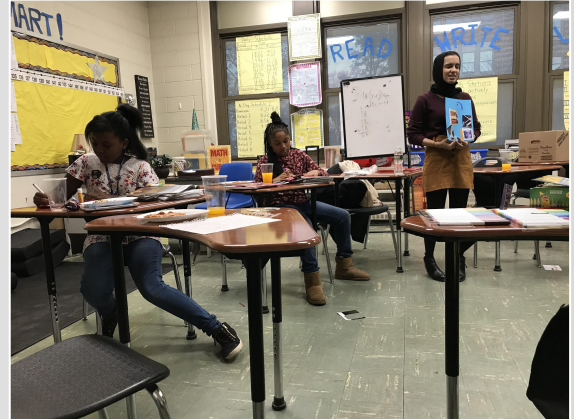
To find out more please visit the Institute for Women's Leadership's website at <http://iwl.rutgers.edu>.

Global Girls was created to encourage girls' empowerment in our local community. To do so, we worked with Maxson Middle School in Plainfield, NJ as an incubator to reach young girls by implementing an afterschool program. The vision of our program is to empower young girls by introducing them to different issues in fields that women have the capability to impact. With the use of feedback journals, class activities, and the debriefing of discussions, Global Girls enables its participants to begin a dialogue on how important girls are, how to instill confidence and what potential opportunities are available to them.



Our Mission

- ❑ Implementing Global Girls creates a space in which students can develop themselves further as empowered leaders
- ❑ By teaching that diversity is an asset to rather than a disadvantage in education and activism, Global Girls cultivates a new generation of empowered feminists
- ❑ We aim to make girls more engaged, confident, and conscious leaders in their community



Why?

“Students of color are often concentrated in schools with fewer resources. Schools with students of **90%** or more students of color spend **\$733** less per student per year than schools with **90%** or more white students” (UNCF, 2018)

“Women make up more than two-thirds of the world’s **796 million** illiterate people” (UN Women, 2012)

Logistics

- Weekly (Tuesdays)
- Hour and a half long sessions
- 9 week timeline

Targeted Audience

- Young girls, grades 6-8
- An interest in civic engagement
- Minority students
- Economically disadvantaged
- Selection process headed by school staff

"WANT TO JOIN A GROUP OF GIRLS
PASSIONATE ABOUT
EMPOWERMENT?"

Global Girls

led by co-founders
Mikaila John and
Falak Shahid

- After-school program for girls,
grades 6-8
- Group activities, discussions,
free food!!!
- Certificate of completion + prizes
upon completion of program

QUESTIONS?

EMAIL

JOINGLOBALGIRLS@GMAIL.COM

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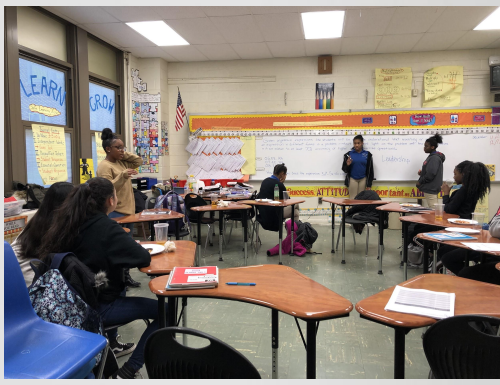
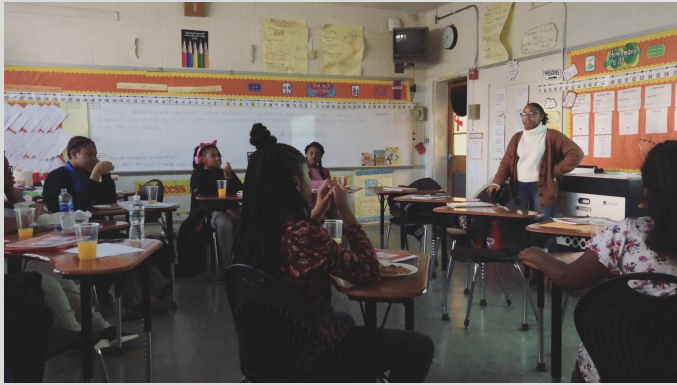
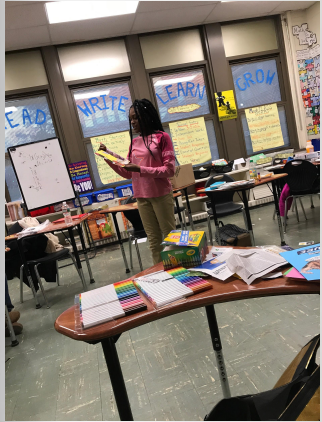
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This program is sponsored by
Institute for Women's Leadership
at Rutgers University.

Sample Class Schedule

- ❑ Ice breakers/Introductions
- ❑ Snacks
- ❑ Discussion led by facilitators
- ❑ Group Activity
- ❑ Class discussion to debrief activity
- ❑ Distribution of prompts for weekly reflections



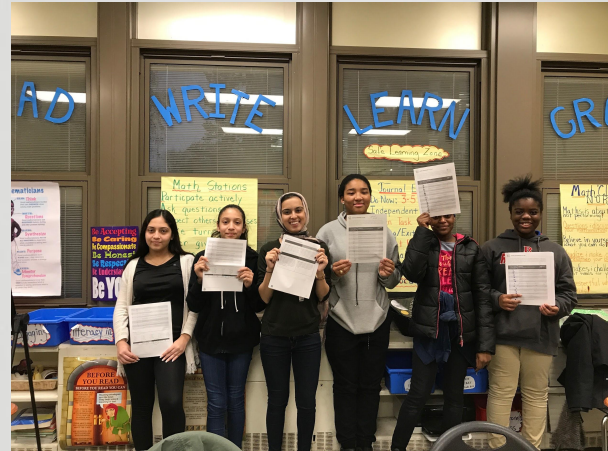


Sample Schedule Week 5 “The Process of Policy-Making”

- ❑ Encouraging political activism through policy-making
- ❑ This week we will give students an overview of how policy is enacted in local, national, and global communities.
- ❑ **Activity - create your own policy**
 - ❑ Students will draft their own short policy proposals on topics relevant to their needs (Ex. cell phone usage in schools, no uniforms, shorter school days, etc.).
- ❑ **Weekly reflection:** to what lengths does a policy-maker or advocate for policy have to go to in order to effect change?

Impacts

- ❑ Confidence-building
- ❑ Awareness of community opportunities
- ❑ Taking initiative to bring change as young women
- ❑ Encouraging academic, professional, and personal growth

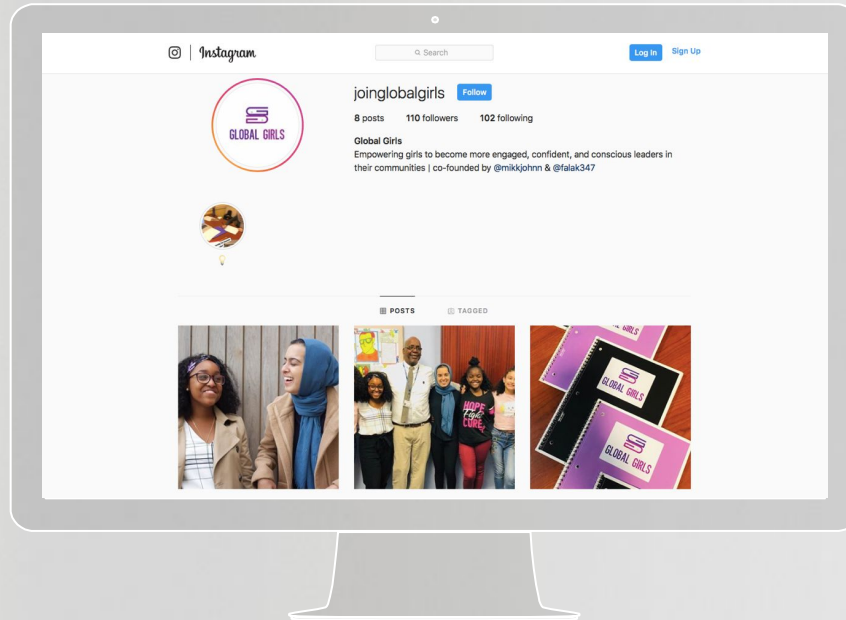


Lessons Learned

- ❑ Budgeting
- ❑ Active listening and patience
- ❑ Classroom management
- ❑ Professionalism
- ❑ How to instill an attitude of community involvement
- ❑ Public speaking



Looking Onwards



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