

# Patient Advocacy Workshop



Leshya Bokka | December 4th, 2019



Institute for Women's Leadership

The Leadership Scholars Certificate Program is a two-year selective, interdisciplinary certificate program that prepares Rutgers undergraduate women to be informed, innovative, and socially responsible leaders.

Leadership Scholars design and implement social action projects to expand their understanding of issues and problems and to develop leadership skills.

This project gives Scholars the opportunity to apply the theoretical knowledge they have gained about leadership, advocacy, and social change with the practical and experiential knowledge they have developed about a particular policy issue or problem through the field site placement. It also further develops leadership skills by giving undergraduates the opportunity to *practice leadership through action*.

To find out more please visit the Institute for Women's Leadership's website at <http://iwl.rutgers.edu>.

**Women's health is more than  
just the reproductive system.**

Women are 5 times more likely to be undertreated for pain than men.

[Source: Hoffman and Tarzian]

Only 29% of women versus 38% of men receive timely EKGs. The average time from door to EKG for women was 21 minutes and for men was 15 minutes.

[Source: Pelletier et al.]

Women are more likely to be diagnosed with psychological illnesses, like panic disorder, that share symptoms with cardiac disease.

[Source: Sheikh et al.]

Men are 22x more likely to be recommended for a total joint replacement.

[Source: Kent et al.]

Type 2 diabetes is more prevalent in women. This results in increased risks for coronary heart disease and other comorbid conditions.

[Source: Pinn]

# Mission Statement

To encourage aspiring healthcare professionals to adopt a patient-centered approach to care.

# Event

## 2-hour workshop

- ❖ Patient advocacy
- ❖ Patient-centered approach
- ❖ Implicit gender biases



**NOVEMBER 12, 2019**

**7-9PM | BUSCH STUDENT CENTER**

**ROOM 116 B/C**

**Join us for this workshop on :**

- **social determinants of health**
- **inequities**
- **implicit biases**
- **shared decision-making**
- **patient-centered approach**

**FOOD AND  
REFRESHMENTS  
WILL BE SERVED!!**



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AEΔ HONORS  
SOCIETY



# Why a Workshop?

- ❖ Education and awareness-raising
- ❖ Both clinical and preclinical students benefit from an advocacy training [Source: Gerber et al.]
- ❖ Advocacy is a skill that must be introduced early and continuously during a student's medical training [Source: Benrimoh et al.]

# Workshop Program

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- ❖ Introductions
- ❖ Discuss Dr. Roland Wong
- ❖ Introduce Advocacy
- ❖ Privilege Walk
- ❖ Case Studies
- ❖ Patient Rights
- ❖ Closing Case

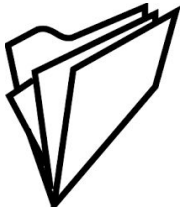




**2 hours**



**25 Students**



**7 Case Studies**

# Topics Discussed

Pain Management

Male Norm in  
Research

HIPAA and  
Civil Rights Act, Title VI

Interpreter Use

Chest Pain

Patient Rights and  
Second Opinions

# SAP Impact

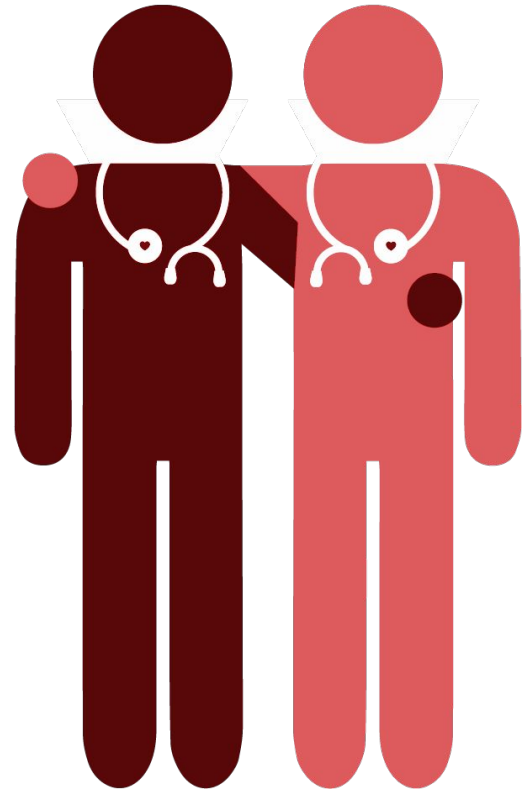
- ❖ Holistic approach to health
- ❖ Show students ways they can be patient advocates
- ❖ Inform students about patient's rights
- ❖ Discuss some of the social resources available to assist patients

# Insights

- ❖ Healthcare providers are leaders, even if they don't see themselves in that way
- ❖ Every patient is unique
- ❖ Build upon existing work and knowledge—starting from scratch isn't always the way to go

# Lessons Learned

- ❖ Get as many opinions as possible
- ❖ Don't have to do everything alone
- ❖ Aim high, but set realistic goals
- ❖ Support is crucial
- ❖ Plans change—that's okay
- ❖ Passion as a driving force



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The Premedical Honor Society  
National Office



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