

Women Building Women: Educating and Raising Consciousness among Black Women and Girls Sierra Winder December 8, 2021

## RUTGERS Institute for Women's Leadership

The Leadership Scholars Certificate Program is a two-year selective, interdisciplinary certificate program that prepares Rutgers undergraduate women to be informed, innovative, and socially responsible leaders.

Leadership Scholars design and implement social action projects to expand their understanding of issues and problems and to develop leadership skills.

This project gives Scholars the opportunity to apply the theoretical knowledge they have gained about leadership, advocacy, and social change with the practical and experiential knowledge they have developed about a particular policy issue or problem through the field site placement. It also further develops leadership skills by giving undergraduates the opportunity to practice leadership through action.

To find out more please visit the Institute for Women's Leadership's website at http://iwl.rutgers.edu.

 Introduction The Issue Background Inspiration Project Mission Feminist Leadership Next Steps Project Importance

What is something you know now that you wish you would have known earlier in your life?



Fig 1. Stick figure thinking (seekpng)

Do you ever feel worthless? Your thoughts and feelings are valid, but do not believe those negative thoughts about yourself.



Fig 1. Stick figure thinking (seekpng)

# "My Authenticity is My **Rebellion**"

-Viola Davis

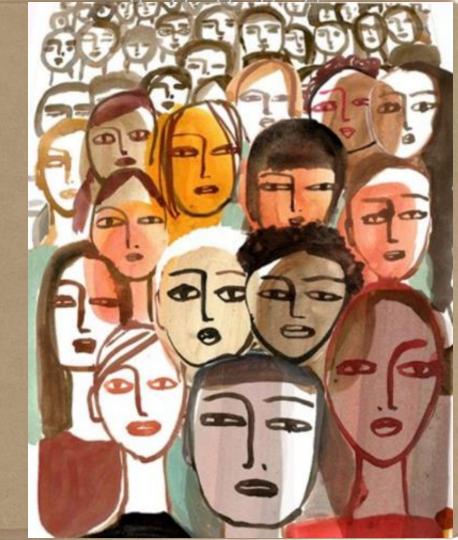


# Women building Women is not just a workshop, but a lifestyle.

Women Building Women would provide girls with the tools to denounce the stereotypes that have been forced upon us throughout our upbringing and to eradicate those bad thoughts about ourselves that stem from racism in institutions, in the media, and in individuals.

### Feminist Leadership Women are...

Powerful
Willing
Understanding
Influential



# What's Next? **Social Media** Workshops After School Program Expand Topics

# natural

independence Pertaining to your identity as a Black woman, what is something you know now that you wish you would have known earlier in your life?

boundaries

vulnerability selflove anger self worth hate beauty standards



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