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Public Health and Human
Rights

IWL
**BREAKING
NARRATIVES**

MUSLIM WOMEN
EXCELLENCE IN THE
WORKPLACE

SAP 2023



Institute for Women's Leadership

The Leadership Scholars Certificate Program is a two-year selective, interdisciplinary certificate program that prepares Rutgers undergraduate women to be informed, innovative, and socially responsible leaders.

Leadership Scholars design and implement social action projects to expand their understanding of issues and problems and to develop leadership skills.

This project gives Scholars the opportunity to apply the theoretical knowledge they have gained about leadership, advocacy, and social change with the practical and experiential knowledge they have developed about a particular policy issue or problem through the field site placement. It also further develops leadership skills by giving undergraduates the opportunity to *practice* leadership *through* action.

To find out more please visit the Institute for Women's Leadership's website at <http://iwl.rutgers.edu>.



Dilrooh Israil



Samahal Waseem

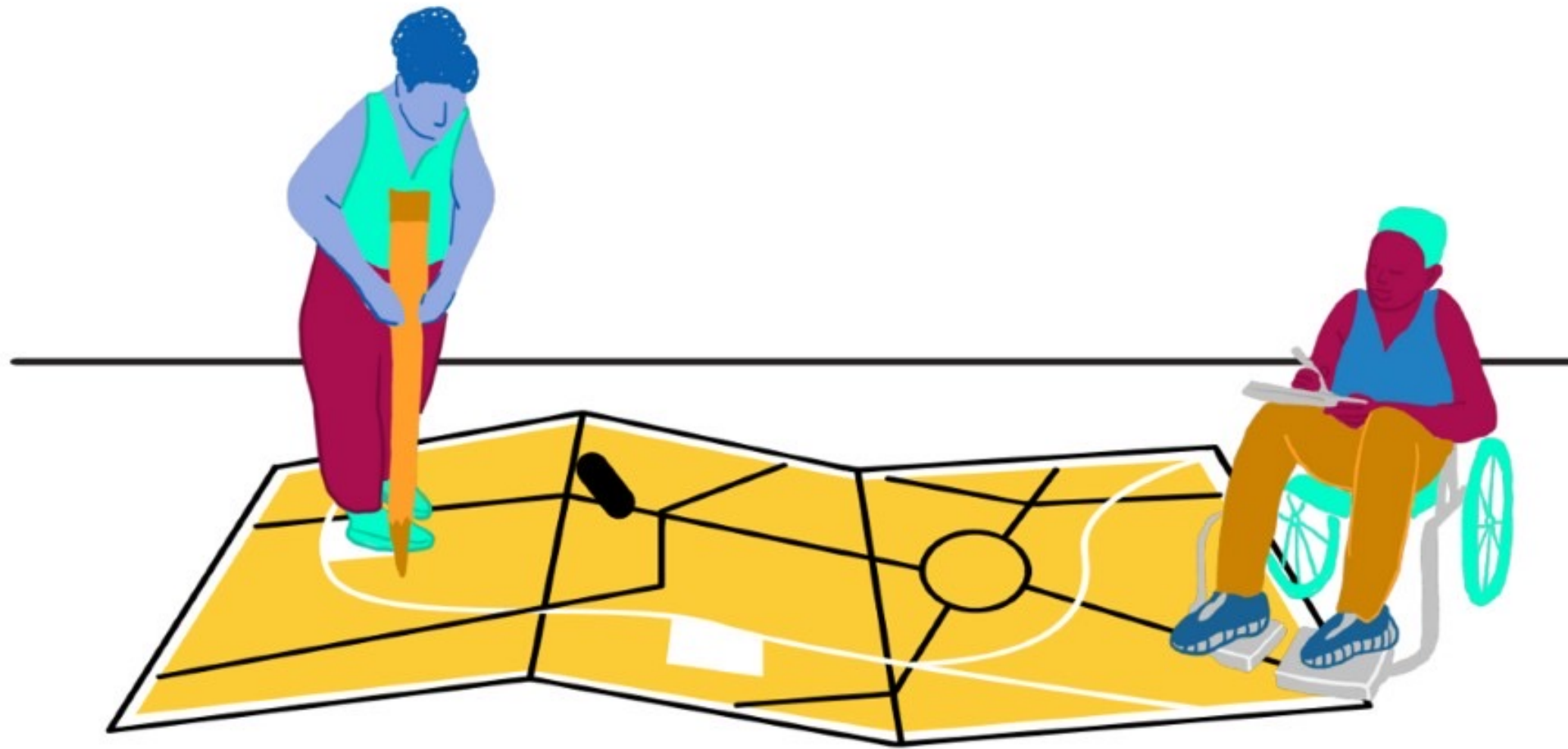


Libah Farooqi

What is Breaking Narratives?

The Breaking Narratives Gala is for Muslim women by Muslim women. It aims to celebrate Muslim Women's excellence in the workplace through a panel event that sheds light on the experiences of Muslim Women in various fields. We aim to connect working Muslim women to undergraduates with like-minded professional interests in order to build community and foster relationships.

1.2 IDENTIFYING THE CHANGE YOU WANT



**A vision is a clear idea of the
world you want to create.**



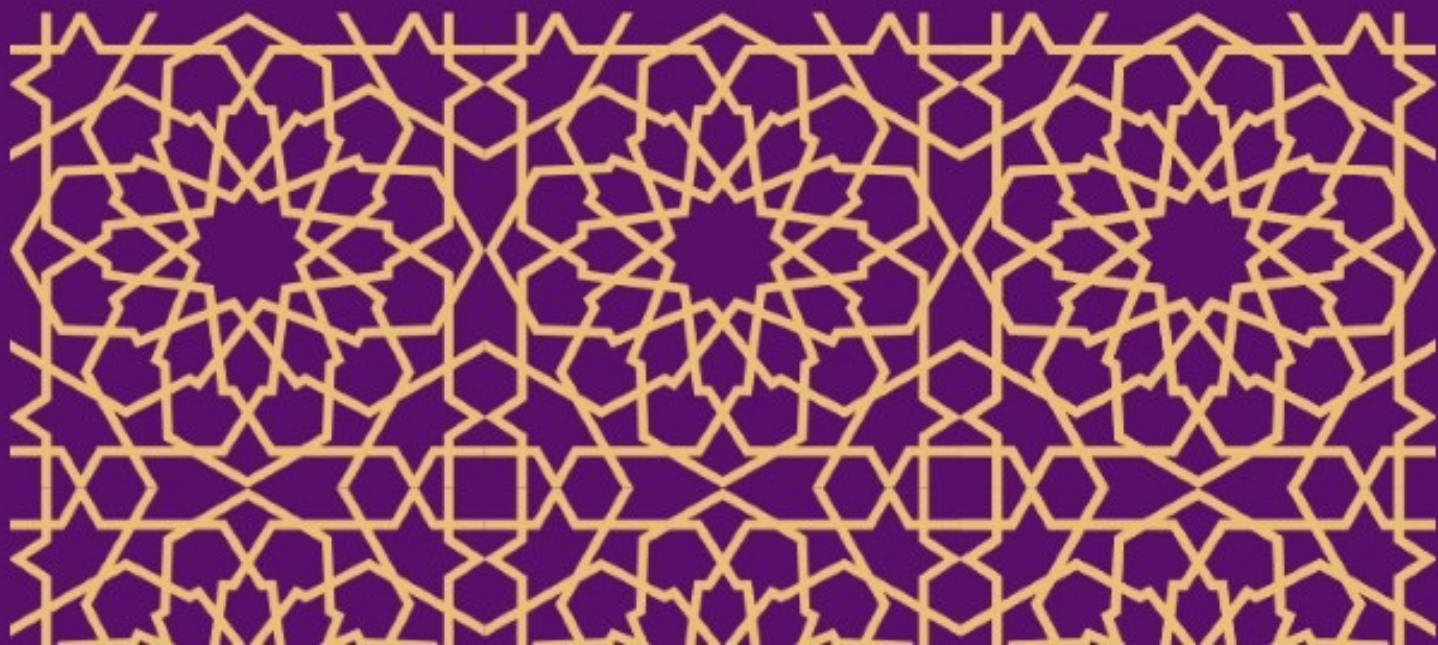
Passion and Advocacy in the workplace

*Anuradha Ghyan, Safe Keepers and Wage Earners
South Asian Working Women in the United States.*



Muslim Minorities and HR Policies

*Mahadevan, Jasmin., and Claude-Helene. Mayer. Muslim
Minorities. Workplace Diversity and Reflexive HRM*





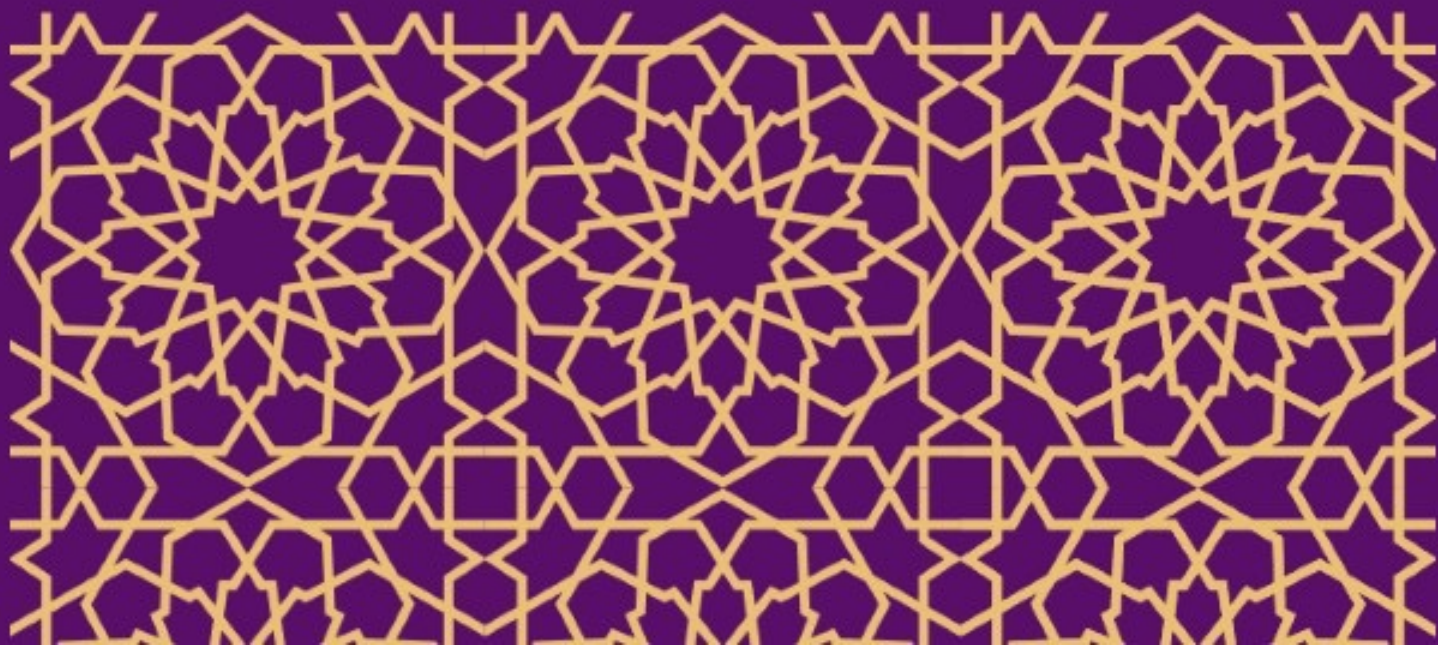
Diversity within the Muslim Community

Veiled diversity? Workplace experiences of Muslim women in Australia



Networking and mentorship

Networking and Mentorship Can Propel You into Your Dream Career.



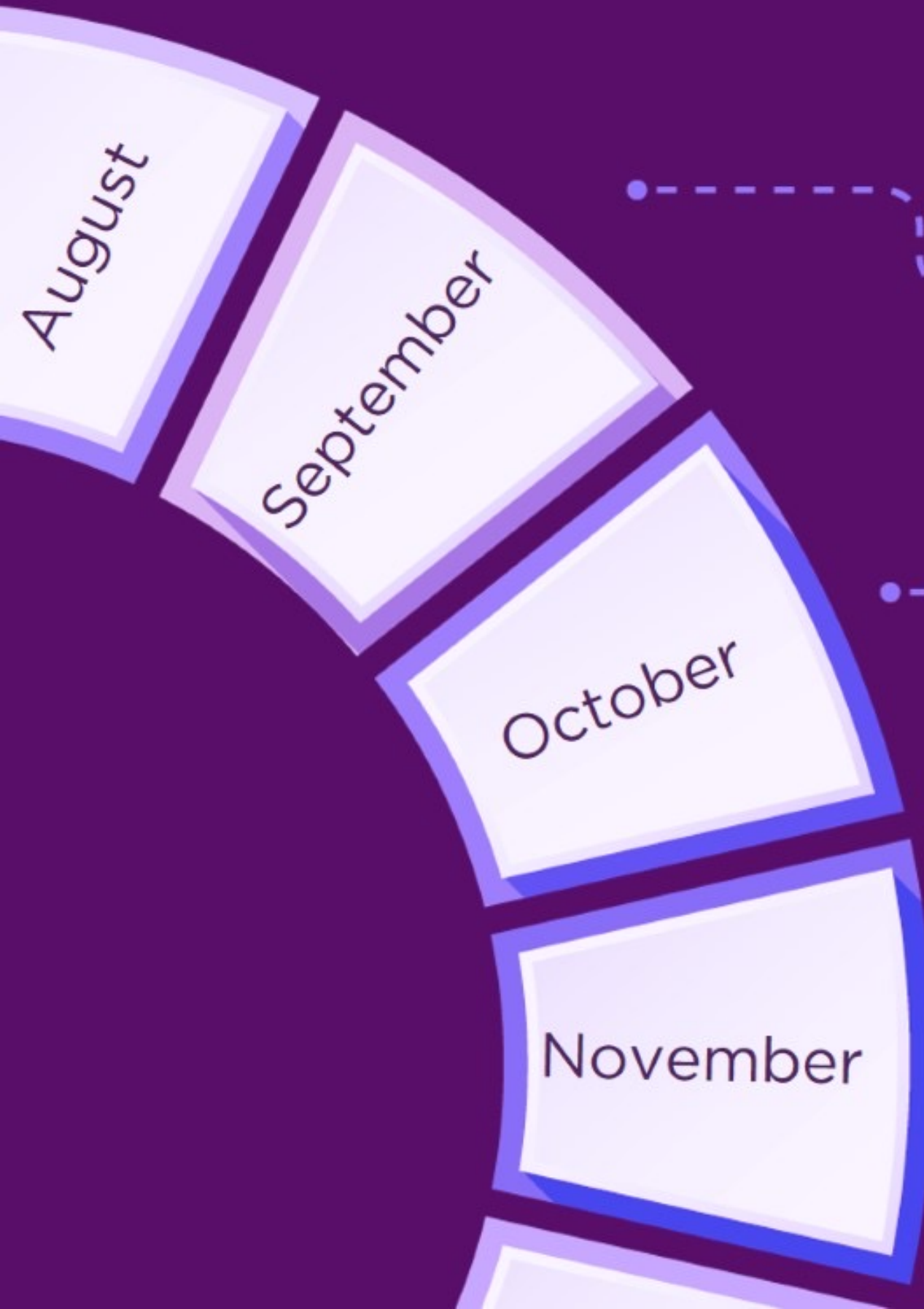


Goal Statement



The Breaking Narratives Gala is a celebration of the diverse experiences of Muslim women. Our mission is to forge connections through intentional networking, foster challenging conversations, and build a sisterhood that transcends the event. We aspire to redefine narratives, inspire change, and cultivate a community that uplifts and celebrates the remarkable achievements of Muslim women.

Timeline



1
Wrapped up ideating
SAP logistics and
goals

2
Began finding
speakers and space

3
Finalized speakers and
started event prep

4
Finalized event
details and budget

Gala Logistics



Estimated number of attendees: 100


Date: November 6, 2023

Location: Cook Student Center MPR

Food: Efes Cafe and Grill

Schedule

7:00 PM	<i>Attendees Arrive</i>
7:20 PM	<i>Introductory Remarks</i>
7:30 PM	<i>Keynote Speaker</i>
7:40 PM	<i>Panel Begins</i>
8:20 PM	<i>Panel Concludes</i>
8:25 PM	<i>Closing Remarks</i>
8:30 PM	<i>Cake cutting and networking</i>
9:00 PM	<i>Clean Up</i>



Speakers



Keynote

Dr. Atiya Aftab: Lawyer, Professor, Board Member at CILRU

Panelists

Dr. Amjad Saeed: Doctor of Pharmacy, Entrepreneur

Dr. Sylvia Chan-Malik: Scholar, Researcher, Author, Professor at RU

Dr. Elaf Saeed: Dentist, Teacher

Hana Hamdi, MPH: Engineer, Researcher, Data Analyst, Nurse

Shayma Al-Shiri: Director of Production, Illustrator



Panel Content

- Imposter syndrome
- Advocating for yourself in the workplace
- Navigating toxic workplaces
- Navigating Islamophobia
- Building strong support systems
- How to take pride in your work
- Advice

Partnerships

Financial Sponsors



Logistical Sponsors



Outreach and Marketing

- Instagram @breakingnarrativesru
- Friday prayer announcements
- Organization Posts: UMR, PSA, MFA, CASO, MSA, MPRC, IWL

Save the Date!
November 6

About Us

The *Breaking Narratives Gala* aims to celebrate Muslim women excellence in the workplace through a panel that sheds light on the experiences of Muslim women in various fields. Our goal is to connect working Muslim women to undergraduates with like-minded professional interests in order to build community and foster relationships in a safe space.

This gala is for Muslim women by Muslim Women. It will include networking activities, dinner, and a panel with Muslim women who are making progress in their respective fields

breakingnarrativesru A little insight into what Breaking Narratives is and who we are!

#breakingnarratives #muslim #muslimah #muslima #gala #socialactivism #project #rutgers #rutgersuniversity #iwl #institute #women

9w

libahrooni EXCITINGGG
9w Reply

hifstamine AMAZING! I LOVE THIS!!!!
7w Reply

kainatazharr this is amazing ❤️
7w Reply

dilrooh Ahhh!
9w Reply

hiba_shahid yay!! so exciting
9w Reply

ummealishah counting down the days 🥳

Liked by hanapatl and 60 others
October 2

Add a comment... Post







Institute for Women's Leadership

BREAKING



Impact & Evaluation

- 
- Turnout: 85 people
 - Instagram: 97 followers
 - averaged 40 likes/post
 - Great verbal feedback
 - Panelists networked amongst each other
 - Potential to create a series of events with Muslim panelists
- 



We recognise the multiple systemic barriers.

Muslim Women Connect works by the following:

Community - Building a **community** of support one another.

Justice - Ensuring **justice** in everything and justice for others.

Excellence - Supporting Muslim women to strive for **excellence** in their personal and professional development.

Balance - Encouraging a **balance** between work and wellbeing and between deen and dunya.

Self-reflection - Embracing continuous **self-reflection**, self-development and self-care.

Advocacy - Supporting, celebrating and **advocating** for each other as Muslim women.

We are changing working life for Muslim women.



**Empowered
Employment:**

*Unlocking the
Workplace for
Muslim Women*



Feminist Leadership



- Storytelling
- Nurturing a community
- Building sisterhood and support systems
- Giving a voice to a marginalized community
- Exploring intersectionality
- Exploring advocacy



Lessons Learned



- Event Planning and Scheduling
- Navigating the Rutgers Ecosystem
- Understanding social media marketing
- Professional Communication and Outreach
- Importance of Feedback
- Learning from each other
- Burnout



Acknowledgements



- Professor Trigg, Professor Rajan, Professor Bunch, and the rest of the IWL staff and faculty
- Leadership Scholars Cohort
- Our advisor and Keynote Speaker, Dr. Atiya Aftab
- All of the panelists
- PSA, CASO, UMR, MFA



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